Study of Recommendation System for Yoga and Raga for Personalized Health based on Constitution (Prakriti)

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Abstract

Since nowadays globalization has increased beyond its growth, many challenges and stressful situations need to be faced by human. In Current scenario Ayurveda experts diagnose the diseases by interacting with patients and by examining the patient. They suggest medicine, yoga, raga, and diet according to their observations. Such process is very time consuming. Designing automatic recommendation systems which recommend the yoga and raga for specific prakriti.it will help experts to reduce certain amount of time, such system recommend accurate yoga and raga according to physical and mental characteristics of person (Prakriti).Neural Network Technology and decision tree will be used to design recommendation system for generating rules based on Constitution, Timing, Atmosphere, Mood, and Disorder.

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Index Terms

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Keywords

Neural Network, Decision Tree, Prakriti, Raga, Yoga.