# Reduction of Power in High Frequency Oscillators using Active Elements for Focused Ultrasound Application

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#### **ABSTRACT**

The continuous efforts to improve the medical trends for various diseases have given arise to the concept of Focused Ultrasound which is being claimed to be one of the best ways of treating deadly disease like Cancer of different types, Neurological disorders and many more. The introduction of latest trends in electronic world is contributing in its own way to improve the different strategies behind this focused ultrasound technique. This paper shall be discussing the implementation of high frequency oscillators using active element for their application in the transducers used in High Frequency Focused Ultrasound technology.

#### **General Terms**

Active Elements, Focused Ultrasound, Oscillators

#### **Keywords**

Focused Ultrasound, Active Element, Transducers, Oscillators.

### 1. INTRODUCTION

The introduction of active elements in the electronic field has brought a huge advancement in the various electronic circuits thus making them more reliable, power efficient and attractive in terms of incorporation of latest demand of customers from every walk of life. This advancement has also been very much useful for the upgradation of technical aspects of biomedical instrumentation.

Therefore latest Active Elements shall be used in place of traditional active elements to compare and verify the results on the basis of different samples recovered after the experimentation processes.

It was in year 1950 when first ultrasound instrument was introduced but similar type of units were made available for limited and experimental purpose by 1960. The oscillators used for signal generation for driving the transducers used in high frequency focused ultrasound are being implemented using active element – CCCII (Current Controlled Conveyor of Second generation) and the results thus obtained are found more promising as compared to the traditional oscillators.

# 2. HISTORY OF FOCUSED ULTRASOUND

From past six decades, the Ultrasound has emerged as widely available and most frequently used electro physical agent used by Physiotherapists. This technology has been intervening for acute and chronic conditions, different types of tissues and anatomic locations as well. In case of Physiotherapy, the areas focused for treatment with ultrasound have been reported as ligament, muscle, tendon, treating mostly the areas of peripheral joints. The therapists have been using two trends of

treatment dosages i.e pulsed wave ultrasound at an intensity in the range of 0.51 to 1.5 W/cm<sup>2</sup> and continuous wave ultrasound at a spatial averaged intensity of 1.01 to 2.1 W/cm<sup>2</sup>. By this phase, the therapists had been promoting the non-thermal effects of ultrasound. [25]

The introduction of QUS (Quantitative Ultrasound) methods has offered favourable results and has been recognised with appreciating potential by clinicians and researchers. [27]

The myocardial deformation in longitudinal, radial and circumferential direction can be determined by ultrasound machine thus serving as reference tool in detecting the subtle and early damages of heart tissues. [30]

For detection of Prostate Cancer, Conventional transrectal greyscale ultrasound technique is used, though it has been proposed that by using multiparamter ultrasound, the results obtained can be far better. [31]

The most common movement disorder namely Essential Tremor occurs due to rhythmic oscillations of around 8 to 12 Hz of agonist and antagonist muscle groups.

Recent advances have enabled delivery of high-intensity focused ultrasound through the intact human cranium with magnetic resonance imaging (MRI) guidance. This preliminary study investigates the use of transcranial MRI-guided focused ultrasound Thalamotomy for the treatment of essential tremor. Essential tremor, the most common movement disorder, with a prevalence as high as 4%, is characterized by a rhythmic oscillation of agonist and antagonist muscle groups, typically between 8 and 12 Hz. The existing medical therapies though being successful but are not feasible for all patients due to their intolerance towards such medications.

The *Table No. 1* depicts the areas where the focused ultrasound is expected to increase the curing rate of patients who get diagnosed with diseases mentioned in this table.

As per records in FUS Foundation in California, this technology is being designed by 10 manufacturers in North America, by 12 manufacturers in Europe and 10 in Asia as shown in *Figure No.1*.

As per records in FUS Foundation in California, depicted in *Figure No.1*, it was in around 1950s when this technology was initially used for treatment of pain. In 1960s, the movement disorder like Essential Tremors or Parkinson's disease was started to be treated with this technology. Gradually in 1980s, this technology found its ways to treat diseases like Vertigo and Glaucoma. The 1990s saw a great advancement as the outcome of continual research work in this field and chronic diseases like tumors, breast cancer, liver tumor, Pancreatic tumor, Prostate Cancer, BPH found non-invasive treatment

procedures using this technology. The 2000s era brought more accomplishments in this field as the brain tumor also found its treatment using this technology. Within past few years, research in this field has just shown wonderful results for treating the diseases like Depression, Alzheimer etc. though

these results are yet to be applied on human breed but it has been a great success on animal mammals. [38]

The Table No. 2 depicts the list of manufacturers who are into the manufacturing of equipments related to HIFU across the North America, Europe and Asia. [39]

Table 1. List of Diseases Claimed to be curable by FUS [37]



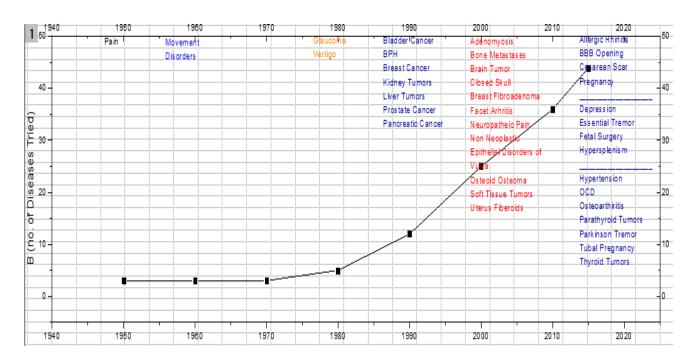


Fig 1: List of diseases cured by HIFU Technique

Table 2. Manufacturers by Region

North America	Europe	Asia			
BrainSonix Sherman Oaks, California	Acublate London, UK	Alpinion Medical Systems Seoul, Korea			
FUS Instruments Inc. Toronto, Canada	CarThera Paris, France	Changjiangyuan Technology Development Co., LTD Shenyang China			
Histosonics Inc. Ann Arbor, Michigan	EDAP TMS S.A.Vaulx-en-Velin, France	Chongqing Haifu (HIFU) Medical Technology Co. LTD Chongqing, China			
International Cardio Corporation, Minnetonka, Minnesota	EyeTechCare Rillieux-la-Pape, France	EpiSonica Hsichu City, Taiwan			
Kona Medical Bellevue, Washington	Image Guided Therapy Pessac, France	Mianyang Sonic Electronic Mianyang, China			
Mirabilis Medica Bothell, Washington	Imasonic Voray-sur-I'Ognon, France	NaviFUS New Taipei City, Taiwan			
Profound Medical Inc. Toronto, Canada	InSightec LTD Tirat Carmel, Israel	Shanghai A&S Co. LTD Shanghai, China			
SonaCare Medical, Charlotte, North Carolina	Medsonic LTD Limassol, Cyprus	Shenzhen PRO-HIFU Medical Tech. Co. Ltd. Shenzhen, China			

#### 3. ACTIVE ELEMENTS

In 1968, Sedra and Smith emerged with the concept of Current Conveyor which started the trend of Current Mode Active Elements as replacement for Operational Amplifiers to overcome its limitations in bandwidth and slew rate. This Current Conveyor concept was soon discovered to be very useful and efficient concept which gradually led to the invention of numerous other active building blocks. In 1996 CMOS Differential Difference Operational Floating Amplifier was introduced which was found useful for developing MOSFET — C current mode filters. This building block remains unaffected even if the threshold voltage varies due to body effect and this property makes it a versatile device to be implemented as integrated circuit. [5]

In 2011 CMOS realisation of VDTA (Voltage Differencing Transconductance Amplifier) was done and it was observed that this building block is functional for transconductance and voltage mode operations. The implementation of VDTAs for filter realisations also avoided the disadvantages due to resistors [7].

In 2012 CMOS realisation of VDBA (Voltage Differencing Buffered Amplifier) and its implementation for Biquad Filter was proposed which was somehow not the choice of designers due to its limitation of using more active components whereas CDBA (Current Differencing Buffered Amplifier) involved less active components and was hence modified further for more precise and efficient results. [4]

In December 2008, Dalibor Biolek, Raj Senani, Viera Biolkova and Zdeněk Kolka again reviewed the existing Active Building Blocks and came up with their limitations to be used for linear applications. They emphasized strongly to modify the internal architecture of existing active elements on the basis of various issues related to various applications implemented by these building blocks. [1]

The continuous efforts for modifying the existing active building blocks and creating new ones also started becoming trend which paved way for modification of various applications of such active building blocks. In December 2012, Bi quad filter was developed using FDCCII (Fully

Differential Current Conveyor) which involved less number of active components as compared to its previous version.

The trend of improving the analog circuits using these active building blocks is still on its move. In August 2015, electronically controlled voltage mode sinusoidal oscillator was implemented using just two VDTAs, two grounded capacitor and single resistor and pure sinusoidal waveforms were generated with good satisfaction level. [15]

Soon after in October 2015, second order voltage mode Quadrature Oscillator was designed using Voltage Current Controlled Conveyor Transconductance Amplifier, two grounded resistors and two grounded capacitors which made it suitable for monolithic circuit implementation. [17]

### 4. OSCILLATORS

### **4.1 Introduction of Oscillators**

As we know, the oscillators are self-driven electronic circuits which are capable of generation of oscillations without any input. They employ the positive feedback along with the amplification process so as to generate sustained oscillations as far as possible. The frequency of these oscillations can be produced in various ranges depending upon the different components involved in designing of oscillator.

### **4.2 Types of Oscillators**

Oscillators are classified on the basis of type of signal that they produce as:

- 1. Sine Wave Oscillators which produce a sine wave output.
- 2. Relaxation Oscillators and Astable Multivibrators which produce Square waves and rectangular pulses.
- 3. Sweep Oscillators which produce saw tooth waves.

These sine wave oscillators are further classified by frequency, or the type of frequency control they use RF (radio frequency) oscillators working at frequencies above about 30 to 50kHz use LC (inductors and capacitors) or Crystals to control their frequency. LF (low frequency) oscillators are generally used for generating frequencies below about 30kHz and are usually

RC oscillators, as they use resistors and capacitors to control their frequency.

Square wave oscillators such as relaxation and astable oscillators may be used at any frequency from less than 1Hz up to several GHz and are very often implemented in integrated circuit form.

Sweep oscillators are generally used in television circuitries.

The different commercially available existing oscillators are named as RC oscillators, LC oscillators, Crystal Oscillators, Wein Bridge Oscillators whose comparative analysis is discussed in next section.

# 5. RESULTS AND COMPARATIVE ANALYSIS OF OSCILLATORS

The different oscillators were designed using National Instrument's Multisim software of version 12.0 as shown in figures below:

# **5.1 Collpits Oscillator Implementation**

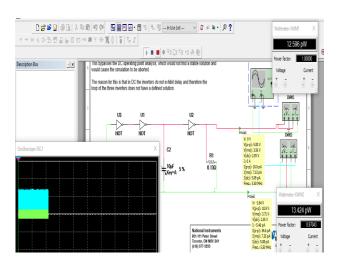


Fig 2: Collpitt's Oscillator and its Output Waveform

## 5.2 RC Oscillator Implementation

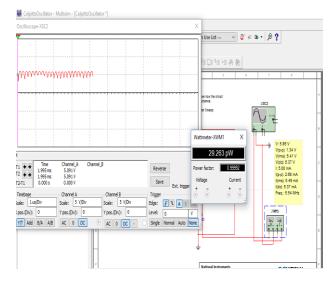


Fig. 3: RC Oscillator

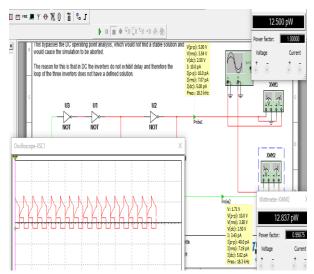


Fig 4: RC Oscillator Output Using Conventional Method

# **5.3** Wein Bridge Oscillator

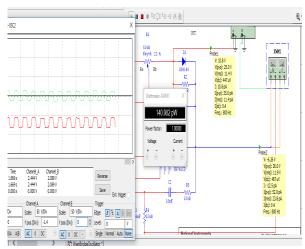


Fig 5: Wein Bridge Oscillator and its Output waveform

# 5.4 CCCII based RC Oscillator for generation of 5 MHz frequency

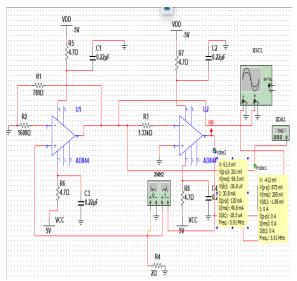


Fig 6: Design of CCII based RC Oscillator

Output Waveform for CCII based RC Oscillator is shown in Figure 7 below:

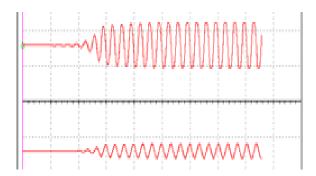


Fig 7: Output of Proposed Oscillator

It is clear from Figure 7 that the proposed oscillator is producing sinusoidal output of 5 MHz and the oscillations this produced are very fine too.

# 6. COMPARATIVE ANALYSIS OF MENTIONED OSCILLATORS

Table 3. Parameter Comparison of Oscillators

	OP Parameters										
Type of Oscillator	٧	V (p-p)	V (rms)	V (dc)	1	l (p-p)	l (rms)	l (dc)	Power	Freq	
Crystal	6.07 V	14 V	5 V	614 uV	12.1 pA	28 pA	10 pA	0A	25 pW	5 MHz	
RC (R = 10 Ohms)	5 V	5 V	3.54 V	2.5 V	10 Pa	10 pA	7.07 pA	5 pA	12.5 pW	18.3 kHz	
RC ( R = 75.5 mOhms)	0 V	5 V	3.53 V	2.51 V	0 Am	10 pA	7.07 pA	5.01 pA	12.617 pW	5.6 MHz	
Collpits Oscillator	5.82 V	2.41 V	5.4 V	5.37 V	5.1 mA	2.37 mA	5.51 mA	5.37 mA	29.168 pW	5.54 MHz	
Wein Bridge Oscillator	13 V	26 V	11.9 V	231 uV	26 pA	52 pA	23.8 pA	0A	141.22 3 pW	800 Hz	
CCII Based RC Oscillator	61.6 mV	261m V	99.5m V	36.8 uV	30.8 mA	130 mA	49.8 mA	18.5 uA	4.655 mW	5.91 MHz	

From Table 3, it is clear that the performance of RC Oscillator is increased when it is implemented using active element and this frequency can be used by transducers involved in High frequency Focused Ultrasound equipment so as to have more reliable operations during the non invasive surgeries done by HIFU.

#### 7. CONCLUSION

The oscillators play a vital role in many applications including the biomedical applications. High frequency oscillators with minimum power requirements can be explored further in the designing of equipments required for focused ultrasound techniques and other high frequency applications. Being designed by active elements, their fabrication on single chip also seems promising.

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