Smart ETA Walking Stick for Visually Impaired Person

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ABSTRACT
Independence is the building methodology in achieving dreams, goals and objectives in life. Visually impaired persons find themselves challenging to go out independently. There are millions of visually impaired or blind people in this world who are always in need of helping hands. For many years the white cane became a well-known attribute to blind person’s navigation and later efforts have been made to improve the cane by adding remote sensor.

Blind people have big problem when they walk on the street or stairs using white cane, but they have sharp haptic sensitivity. The electronic walking stick will help the blind person by providing more convenient means of life. The main aim of this paper is to contribute our knowledge and services to the people of blind and disable society.

Keywords
Electronic Travel Aids, Infrared Sensor

1. INTRODUCTION
There are many guidance systems for visually impaired travelers to navigate quickly and safely against obstacles and other hazards faced. Generally, a blind user carries a white cane or a guidance dog as their mobility aid. With the advances of modern technologies many different types of devices are available to support the mobility of blind. These mobility aids are generally known as Electronic Travel Aids (ETAs). The most important function of ETA for the blind persons is to get information on the shape of the road and the position of obstacles when they are in unknown places. With this information, they need to arrive at their destinations, avoiding unexpected obstacles. The main objective of this project is to develop a simple guidance system for the blind users, using sensors, and to determine whether the blind can moves safely or not, mobility of blind. These mobility aids are generally known as Electronic Travel Aids (ETAs).

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2. LITERATURE REVIEW AND RELATED WORK
This section describes appropriate related works on the development of smart canes intended for visually impaired people. Technology can help in reducing many barriers that people with disabilities face. These kinds of technologies are referred to as Assistive Technologies (AT). There are many types of disabilities, including physical disabilities, hearing impaired, and visually-impaired. AT has been utilized in assisting them. However, developing an AT is expensive, making their selling price high. A few of them are enumerated below which is a humanitarin mission to help the blind children by training them to utilize their brains to learn a set of objects around them. Another system utilizes two sets of ultrasonic sensors to detect obstacles in front and below the stick. These sensors use Pulse Width Modulation to change the vibration pattern for differing range of obstacles. A smart walking stick developed by researches in Coimbatore uses various sensors for obstacles, pot holes, and moisture detection viz. Ultrasonic sensor, Pit sensor, and Moisture sensors respectively. The stick fails to detect dynamic obstacles not directly in the range of the ultrasonic sensor.

Details of topic
Many ETAs and robot technologies have been applied, to guide the blinds that aimed at improving their mobility in terms of safety, to detect obstacles on the ground, uneven surfaces, holes, steps, and puddles.

A. C-5 Laser Cane
It was introduced in 1973 by Benjamin. It is based on optical triangulation with three laser diodes and three photo-diodes as receivers. The Laser Cane can detect obstacles at head-height, drop-offs in front of the user, and obstacles up to a range of 1.5 m or 3.5 m ahead of the user.

B. Sonic Torch
It is a battery operated hand held device basically operates by transmitting the ultrasound in the forward direction and receiving the reflected sound beam from the nearest object.

C. Mowat Sensor
It is a commercially available hand-held ultrasonic-based device that informs the user of the distance to detected objects by means of tactile vibrations. The frequency of the vibration is inversely proportional to the distance between the sensor and the object.

D. Sonic Path Finder
It alarms the blind when detecting the obstacle by the acoustic difference. However, it does not provide the accurate path and the position of an obstacle. It alarming the blind when detecting the obstacle by the acoustic difference. However, it does not provide the accurate path and the position of an obstacle.

E. Meldag
It uses the artificial intelligence, unlike in the sonic pathfinder. It can provide the accurate position of an obstacle using the ultrasound and laser sensors. But, in general, it is relatively large and heavy.

F. Navbelt (1989)
It is a portable device equipped with ultrasonic sensors and a computer. It produced a 120°-wide view of the obstacles ahead of the user (similar to a radar screen image). This image was then translated into a series of directional (stereophonic) audio cues through which the user could determine which directions were blocked by obstacles.

System Description
Fig. 1 shows a blind walking with an electronic stick. Two ultrasonic sensors are mounted on the stick having range from 20-350cms (set to different ranges). Two Infrared sensors are also implemented on the lower side of stick for avoiding small obstacles ranging from 2-10cms. A switch that can be operated with the thumb (in worst condition) that allows the blind user
to send a general message (I am in trouble, help me) on a saved mobile no. for help. Vibrating sensors along with a buzzer used for beep and vibration if stick is about to hit with any obstacle. Circuit box contain combination of GSM300/900 module and microcontroller circuitry. The co-operation between the Ultrasonic and IR sensors are utilized to create a complementary system that is able to give reliable distance measurement.

Table: Output Signal Algorithm For Stick

<table>
<thead>
<tr>
<th>Distance (from the stick in cms)</th>
<th>Time (sec)</th>
<th>Type of signal</th>
</tr>
</thead>
<tbody>
<tr>
<td>350</td>
<td>2.0</td>
<td>Very Slow Beeps</td>
</tr>
<tr>
<td>300</td>
<td>1.8</td>
<td>Slow Beeps</td>
</tr>
<tr>
<td>250</td>
<td>1.5</td>
<td>Beeps + Vibrations</td>
</tr>
<tr>
<td>200</td>
<td>1.4</td>
<td></td>
</tr>
<tr>
<td>150</td>
<td>1.0</td>
<td></td>
</tr>
<tr>
<td>130</td>
<td>0.9</td>
<td></td>
</tr>
<tr>
<td>100</td>
<td>0.8</td>
<td>Fast Beeps + Vibrations</td>
</tr>
<tr>
<td>80</td>
<td>0.5</td>
<td></td>
</tr>
<tr>
<td>60</td>
<td>0.3</td>
<td></td>
</tr>
<tr>
<td>40-50</td>
<td>0.1</td>
<td>Very Fast Beep + Vibrations</td>
</tr>
<tr>
<td>20-30</td>
<td>0.05</td>
<td></td>
</tr>
<tr>
<td>5-10 (due to Infrared Sensor)</td>
<td>-</td>
<td>Continuous Vibrations</td>
</tr>
</tbody>
</table>

**The Features Are**
Different types of vibrations for different obstacles. Automatic (during night time i.e. LDR dependent) high intensity (Red color) LEDs. A small Torch on the top. A user controlled horn for traffic. More efficient and inexpensive than other devices. Easy to access for blinds. Code can be upgrade or change easily.

**Proposed System**
The proposed system aims to enable the visually challenged to navigate through a course of dynamic objects.

**Ultrasonic Sensor**

![Ultrasonic Sensor Image]

Fig. 1 Ultrasonic Sensor

Ultrasonic Sensor (transducers) is a type of sensor that uses sound waves to detect an object or target. It works on similar principle of radar or sonar which generates high frequency sound waves and evaluates the echo which is received back by the sensor. Sensors calculate the time interval between sending the signal and receiving the echo to determine the distance to an object.

**Infrared Sensor**

An IR sensor is an electronic device that emits and/or detects infrared radiations in order to sense some aspect of its surroundings. When an object is close to the sensor, the light from the IR transmitter led bounces off the object and received by receiver led.

![Infrared Sensor Image]

Fig. 2. Infrared Sensor

**GSM**

GSM stands for Global System for Mobile Communication and is an open, digital cellular technology used for transmitting mobile voice and data services. GSM module makes use of narrowband Time Division Multiple Access (TDMA) technique for transmitting signals.
3. FUNCTIONAL DESCRIPTION

A. Ultrasonic Sensor

Ultrasound waves or ultrasonic waves are the terms used to describe elastic waves with frequency greater than 20,000 Hz and normally exist in solids, liquids, and gases. An ultrasonic wave moves at a velocity (the wave velocity) that is determined by the material properties and shape of the medium. Laplace proposed that the speed of a longitudinal wave is given by

\[ c = \sqrt{\frac{P \gamma}{\rho}} \]

Where, from equation (1), P is the pressure, \( \gamma \) is density and \( \gamma \) is a dimensionless constant. At atmospheric pressure \( \gamma = 1.4 \), \( P = 0.76 \times 13600 \times 9.8 \) Pa and \( \gamma = 1.29 \), therefore, \( c = 332 \) m/s, it means ultrasonic waves travel in air with a speed of 332 m/s. The function of the transducers is to convert electrical energy into mechanical energy which directly corresponds to ultrasonic vibration.

<table>
<thead>
<tr>
<th>Range (inches)</th>
<th>Calculated (mV)</th>
<th>Measured (mV)</th>
<th>Error %</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>0</td>
<td>0</td>
<td>-</td>
</tr>
<tr>
<td>10</td>
<td>100</td>
<td>95</td>
<td>5</td>
</tr>
<tr>
<td>20</td>
<td>200</td>
<td>191</td>
<td>4.5</td>
</tr>
<tr>
<td>30</td>
<td>300</td>
<td>295</td>
<td>1.67</td>
</tr>
<tr>
<td>40</td>
<td>400</td>
<td>393</td>
<td>1.75</td>
</tr>
<tr>
<td>50</td>
<td>500</td>
<td>497</td>
<td>0.6</td>
</tr>
<tr>
<td>60</td>
<td>600</td>
<td>596</td>
<td>0.67</td>
</tr>
<tr>
<td>70</td>
<td>700</td>
<td>697</td>
<td>0.428</td>
</tr>
<tr>
<td>80</td>
<td>800</td>
<td>794</td>
<td>0.75</td>
</tr>
</tbody>
</table>

The table shows the error % of gathered data of SR04, as shown in fig. 2, ultrasonic sensor which provides approximately 2cm-300cm non-contact measurement function with accuracy of 3mm. Fig. 6 shows the working flow chart of an ultrasonic sensor.
Fig. 6 shows the principles of measuring distance and is called the "pulse reflection method" which count the number of reference pulses. This method is used to measure reflection time up to the object between transmitting pulse and receiving pulse of the ultrasonic wave. The relationship between the distance up to the object \( L \) and the reflecting time \( T \) can be expressed by

\[
L = \frac{c \times T}{2}
\]

Where, \( c \) is the velocity of wave.

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**Infrared Sensor**

In an unknown environment, it is important to know about the nature of surface properties in order to interpret IR sensor output as a distance measurement. IR sensors using reflected light intensity to estimate the distance from an object. The function of the detector led \( (R_X) \) is to detect the energy reflected by an obstacle from the emitter IR led \( (T_X) \). The signal returned from the sensor is dependent on the energy emitted from the transmitter LED.

\[
\text{Gain of op-amp} = (1 + \frac{R_3}{R_2})
\]

where, \( R_2, R_3 \) determine the amplification of op-amp.

A ratio can be determined by measuring the voltage entering the op-amp and knowing the threshold value needed at VO.

Considering an approximate gain of op-amp \( \approx 3 \) and assuming \( R_3 = 10k\Omega, R_2 = 4.7k\Omega \) must be larger than maximum resistance of detector led. \( R_4 \) (\( \approx 150\Omega \)) is a voltage divider, calibrate according to intensity of emitter led. When the intensity of emitter led is high, more energy will fall on detector led and resistance of detector is low, so the value of the potential \( (\text{VIN}) \) is high. Similarly when the intensity is low, the resistance of the detector is high and so the value of potential is low. This potential is compared with a reference potential. According to these compared potentials the output will be 1 or 0 i.e. ‘ON’ or ‘OFF’.

**GSM**

A GSM (Global System for Mobile communication) module is a specialized type of module which accepts a SIM (Subscriber Identity Module) card, and operates over a subscription to a mobile operator. When a GSM module is connected to a microcontroller (ATmega328), this allows the microcontroller to use the GSM module to communicate over the mobile network. A GSM module exposes an interface that allows applications to send and receive messages over the module interface. To perform these tasks, a GSM module must support an “extended AT command set” for sending/receiving SMS messages. The AT commands are sent by the microcontroller to the module. The module sends back an Information Response i.e. the information requested by the action initiated by the AT command. This is followed by a Result Code. The result code tells about the successful execution of that command. Text message may be sent through the module by interfacing only three signals of the serial interface of module with microcontroller i.e., \( T_XD, R_XD \) and GND. In this scheme RTS and CTS signals of serial port interface of GSM Modem are connected with each other.
AT+CMGF = 1, this command configures the GSM module in text mode. AT+CMGS = +917708377615, this command sends the mobile number of the recipient mobile to the GSM module. GSM configured with microcontroller using two modes- automatic and manual. If the object is too near and system is sending alert sounds and vibrations then automatically it send the message to the stored mobile number. Fig. 8 shows an algorithmic flow chart of GSM module for blind stick

**Microcontroller (ATmega328)**

An ATmega328, has 14 digital input/ output pins (of which 6 can be used as PWM (Pulse Width Modulation) outputs), six analog inputs with one 16 MHz crystal oscillator. For Communication purposes it has a number of facilities for communicating with a computer, or with other microcontrollers. The ATmega328 provides UART TTL serial communication which is available on digital pins 0(RX) and 1(TX).

![ATMega 328 Pinout Diagram](image)

**Fig. ATMega 328 Pinout Diagram**

4. **CONCLUSION**

This system can be applied in the straight path, right angle path and the curved path. At least 1m width is required for the proper management of the stick. The broad beam angle ultrasonic sensors enable wide range obstacle information. Major drawback of infrared sensors is their non-linear response i.e. a big change in output voltage does not always indicate a big change in range. The main functions of this system are the clear path indication and the environment recognition. With the help of electronic walking stick blind, people can improve more than 15-20% travel speed, reduce minor collision, do not lose their way, and increase safety as compare to unaided equipment’s. Future work includes installation of GPS system along with additional sensors like accelerometers, PIR motion detector and digital compass which tell the exact location of the user.

5. **REFERENCES**


